



Splash Challenge

Sunday 14th March 2010



**Get in training and sign up NOW for
this 4k Fun Run through mud and
water with obstacles – a challenge
but great fun!!**

Are you up for the Challenge?

£10 entry fee

**(plus sponsorship opportunity to raise money for your chosen charity
on 50/50 split basis)**

Bring the family for support!!!

**For more info www.longridge-uk.org or call
Alison Crook, Event Manager 07710 798675**