



Corporate Dragon Boat Championship

Friday 24th September 2010

Our annual dragon boating fixture is open to businesses of ALL types – ideal for team building with staff & clients, whilst networking with other businesses during the event. You don't need to be an expert paddler as the day starts with practice runs in the morning and we are encouraging complete novices to come and have a try – its team spirit that counts!

Morning will be practice sessions (not compulsory), the racing will take place during the afternoon over a course of approximately 450m and in the competition there will be heats and repêchages so all teams will have at least two races. The finals should be approximately 5pm. Followed by a BBQ and refreshments

The day will include an evening BBQ for all participating members and refreshments will be available during the day from our cafe. This event will be tremendous fun, a perfect team building activity and as proceeds from this event will benefit the Longridge charity you can include the activity in your company's CSR strategy.

Dragon Boat Crew

A crew comprises of a minimum of 12 paddlers, maximum of 16, plus a drummer and a steersman – who must be 18 or over. Unless you have a qualified steersman, the steersman will be provided from a central pool made up of Longridge team members.

Half-Crews

Don't panic if you don't have a full crew of 12, we always get a few half crews that we can join together, in fact even if you only have a quarter crew – it's worth applying and we will do our best to match you up.

Entries

Entry forms must be returned by 7th September 2010.

Cost

The cost per team of up to 16 paddlers plus a drummer and steersman is £320 or £20.00 per team member

Trophies

The Moon Dragon trophy will be awarded to the winners of each class.

ENTRY FORM

To be returned to Longridge by 7th September 2010.

TEAM/GROUP NAME COUNTY

CONTACT/TEAM MANAGER

Name

Address

Phone: Day Eve

E-mail

Number of crew:

Entry fee £20.00 per team member or £320 per team. Total £

Cheques made payable to 'Longridge'.

TEAM TSHIRTS
Advertise your Business or Team Name to other participants on the back of a T Shirt.

Order Tshirts NOW @ ONLY £10 each !!!

SPONSOR THE EVENT – Various opportunities available!!!!

T Shirt Order:

SMALL MEDIUM LARGE TOTAL £ (£10 EACH)

Team name for print

How did you hear about the event?

Would you be happy to receive further info on our other events? YES/NO

Longridge : Quarry Wood Road : Marlow : Bucks SL7 1RE
Tel: 01628 483252 : bookings@longridge-uk.org : www.longridge-uk.org