



Autumn Term Activities

After School Activities Kayaking & Rowing

£40.00

10-week courses start week commencing 7th September

Kayaking: leading to BCU Qualification Monday-Friday, 4.30pm—5.45pm

Rowing: Tuesday, Friday, 4.30—5.45pm & 6.30—7.45,
Saturday 1pm—2.15pm.

After School Climbing

£40.00

10-week course starts week commencing 2nd November on Monday,
Wednesday and Fridays from 16.30 - 17.45

The above courses are part-funded by Bucks & Berkshire Sport, hence the fabulous price

Open Hour Climbing Sessions - start October

£5.00 a session

Saturday/Sunday 10.00—11.15 : 11.45—13.00 : 14.00—15.15

Kayak Club

£5.00 a session

Wednesdays 18.30 – 19.45 & Sundays 16.15 – 17.30

Activity Youth Club

50p a session

For young people in Y10 and above, every Wednesday from 6.30pm

Disc Golf

£2.00 a person

Come and play our 9-hole course from October onwards

Volunteering

If you are 14 or over and enjoy outdoor activities, you should join our volunteer programme; in return for joining one of our 8 crews who help maintain the centre and our equipment, we will help you train you up to instructor level. Email us for full details and an application form.

www.longridge-uk.org

Registered Charity No. 1121239

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